

THE ESSENTIAL PACKING CHECKLIST

- Documents (passport/ID card, driving license, discount cards + visa)
- Copy of documents in case of theft or loss (printed/electronic)
- Money: credit cards + cash
- Personal medication
- First aid kit: plasters, pain killers, stomach and allergy meds
- Glasses/eye lenses + lens fluid and container
- Phone + phone charger
- House + car keys
- A pack of tissues
- Underwear
- Toothbrush
- Deodorant
- A sweater/jacket
- Female bonus items: tampons/pads/menstrual cup